You have missed the Save On Foods Nutritional Tour and need to complete the following to make up the missed experience:

You will need to take the virtual tour at

<https://www.healthyfamiliesbc.ca/home/articles/topic/grocery-shopping>

This can also be found by typing in the nutritional tour at Save On Foods and following the links to the virtual tour. See Ms. Woolgar with any questions or concerns.

You will then go to each section of the virtual grocery store and make notes on each section

Intro/Planning, Produce, Bakery, Dairy, Fats and Oils, Meats and Alternatives, and Food Safety

You need to make notes for each section and have at least two sides of paper filled with notes after your tour. Have fun and be sure to hand in your work to Mr. Kuc next day.

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