# STKR Physical Education Grading Rubric/Scale

<table>
<thead>
<tr>
<th>Learning Outcomes</th>
<th>4 Advanced</th>
<th>3 Proficient – Meets Expectations</th>
<th>2 Basic – Approaching Expectations</th>
<th>0-1 Not Meeting Expectations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commitment</td>
<td>1. Always performs tasks as instructed:</td>
<td>1. Mostly performs tasks as instructed:</td>
<td>1. Reminded multiple times to perform task as instructed:</td>
<td>1. Often not engaging in activities and even distracting other in class:</td>
</tr>
<tr>
<td></td>
<td>a) Warm up</td>
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</tr>
<tr>
<td></td>
<td>b) Drills/Lead Up Activities</td>
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</tr>
<tr>
<td></td>
<td>c) Game Play</td>
<td>c) Game Play</td>
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<td>c) Game Play</td>
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<tr>
<td></td>
<td>d) Equipment set up/take down</td>
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</tr>
<tr>
<td></td>
<td>2. Committed to improving fitness.</td>
<td>2. Willingness to complete fitness</td>
<td>2. Reluctant to complete fitness</td>
<td>2. Demonstrate little interest in improving fitness</td>
</tr>
<tr>
<td></td>
<td>3. In attendance or completed make up work for days missed</td>
<td>3. One or two absences without make up work completed</td>
<td>3. Away several days with no make-up work completed</td>
<td>3. Many absences without make up work completed</td>
</tr>
<tr>
<td>Control (Self – Control)</td>
<td>1. Manages emotions effectively, using appropriate language, tone, and non-verbal communication.</td>
<td>1. Usually manage emotion effectively, using appropriate language, tone, and non-verbal communication.</td>
<td>1. Occasionally directs inappropriate emotional responses towards such as inappropriate language, tone, or non-verbal communication.</td>
<td>1. Often directs inappropriate emotional responses towards such as inappropriate language, tone, or non-verbal communication.</td>
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<tr>
<td></td>
<td>2. Uses phone appropriately.</td>
<td>2. Occasionally uses media in inappropriate way or at inappropriate time.</td>
<td>2. Uses phone to disengage from class or classmates.</td>
<td>2. Frequent interactions with teacher over inappropriate use of phone.</td>
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<tr>
<td></td>
<td>3. Treats equipment with respect and in an intended manner.</td>
<td>3. Often uses equipment with respect and for intended use in safe manner.</td>
<td>3. Student repeatedly uses equipment in way that may hurt others in class or disrupt the learning environment.</td>
<td>3. Student repeatedly uses equipment in way that may hurt others in class or disrupt the learning environment.</td>
</tr>
<tr>
<td>Collaboration/</td>
<td>1. Helps and involves other students. May show leadership by coaching to problem solve in games or drills.</td>
<td>1. Usually involves everyone and shows concern for others</td>
<td>1. May not include others outside of support group and may blame others for unsuccessful events in class.</td>
<td>1. Can be exclusionary, making people feel unwelcome. Is often looking to blame others for mistakes in class.</td>
</tr>
<tr>
<td>Communication</td>
<td>2. Active listener who initiates action in class and stays on task.</td>
<td>2. Active listener who interacts politely with teacher and peers.</td>
<td>2. Need reminders to listen and follow directions</td>
<td>2. Need constant reminders to listen, follow directions</td>
</tr>
<tr>
<td></td>
<td>3. Shows appreciation for good play and players, even by opponents and regardless of outcome of activity</td>
<td>3. Encourages teammates but not the other team</td>
<td>3. Mild displays of frustration with outcome or play of others</td>
<td>3. Displays inappropriate frustration and anger towards others.</td>
</tr>
</tbody>
</table>
## Movement Skills/Strategies

1. **Level of mastery achieved in skill development**
2. **Exceptional understanding of skills and strategies**

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## Learning Habits – Not Used for Grading

### Same as good plus:
- **Respect**
  - Taking a leadership role and encouraging and guiding others
- **Responsibility**
  - Challenge myself in class with work and roles in the classroom to deepen my learning
  - Perfect attendance or complete make up work in timely manner
- **Perseverance**
  - Seek new challenges to improve self

### EXCELLENT
- **Respect**
  - Demonstrates basic skills and strategies with ease
- **Responsibility**
  - Shows good skill and strategy improvement
- **Perseverance**
  - Performs most skills and game strategies at an introductory level
  - Demonstrates some basic skill/strategy concepts

### GOOD
- **Respect**
  - Demonstrates basic skills and strategies with ease
- **Responsibility**
  - Shows good skill and strategy improvement
- **Perseverance**
  - Performs most skills and game strategies at an introductory level
  - Demonstrates some basic skill/strategy concepts

### SATISFACTORY
- **Respect**
  - Demonstrates basic skills with little or no skill improvement
- **Responsibility**
  - Inability to demonstrate knowledge of basic skills or strategies
- **Perseverance**
  - Unclear on goals and not interested in feedback

### NEEDS IMPROVEMENT
- **Respect**
  - Often using inappropriate language, not contributing ideas, and not actively listening to the ideas of others
- **Responsibility**
  - Avoid effort in activities
  - Often late and not prepared for class activity
- **Perseverance**
  - Unclear on goals and not interested in feedback
  - Will look to avoid task when it is difficult

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Area for Additional Comments: